



Vidya Sanskaar International Public School

(Affiliated to Central Board of Secondary Education)

Machohalli Gate, Magadi Main Road, Bengaluru-91

June 2026

ISSUE 02

ABHIVYAKTI

ಅಭಿವ್ಯಕ್ತಿ

अभिव्यक्ति



Volume 02

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www.vidyasanskaar.edu.in*

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A celebration of student voices, environmental action, leadership, and community spirit. This edition captures the vibrant pulse of June at VSIPS.

Letter from the Academic Director

Dear Students, Parents, and Staff,

Warm greetings to everyone!

It gives me immense pleasure to present the second issue of **Abhivyakti** for this academic year. This edition reflects the enthusiasm, values, and holistic learning experiences that continue to shape our students into responsible and compassionate citizens.

The month was marked by several meaningful events. We observed **World Environment Day**, inspiring our students to become responsible stewards of nature through awareness and action. The **School Parliament Election** provided students with an opportunity to experience democratic values, leadership, and accountability firsthand.

On **National Reading Day**, our learners celebrated the joy of reading and strengthened their love for books and lifelong learning. Our **Pre-Primary Parent Engagement Activity – Happy Hours** created memorable moments of learning and bonding between parents and children, while the **Class X Parent-Teacher Meeting (PTM)** fostered productive discussions on students' academic progress and future goals.

The celebration of **International Yoga Day and World Music Day** highlighted the importance of physical well-being, mental balance, creativity, and cultural appreciation. **The School Investiture Ceremony** proudly welcomed our newly elected student leaders, encouraging them to lead with integrity, confidence, and a spirit of service.

We also observed **World Blood Donor Day**, creating awareness among students about the noble act of voluntary blood donation and the importance of contributing to society with compassion and humanity.

I sincerely appreciate the dedication of our teachers, the wholehearted support of our parents, and the enthusiasm of our students in making every event meaningful and successful. Together, we continue to nurture an environment that promotes academic excellence, character development, leadership, and social responsibility.

Let us move forward with renewed determination, curiosity, and commitment to learning, striving to make every day an opportunity to grow and make a positive difference.

Best Wishes,

Sri M. K. Ramaswamy

Academic Director

Vidya Sanskaar Educational and Charitable Trust (VSECT)



World Environment Day: Steering Our Future

Every year on June 5, the world unites to address climate change and protect our planet's natural diversity. At VSIPS, students took the lead — turning awareness into action through campus clean-ups, tree-planting drives, and eco-pledges. Our school community stood together to guide our planet's path toward a sustainable tomorrow.

 **Student Initiatives**
Eco-clubs and green teams led hands-on environmental projects across campus.

 **Global Movement**
VSIPS joined millions worldwide in raising the voice for our environment.

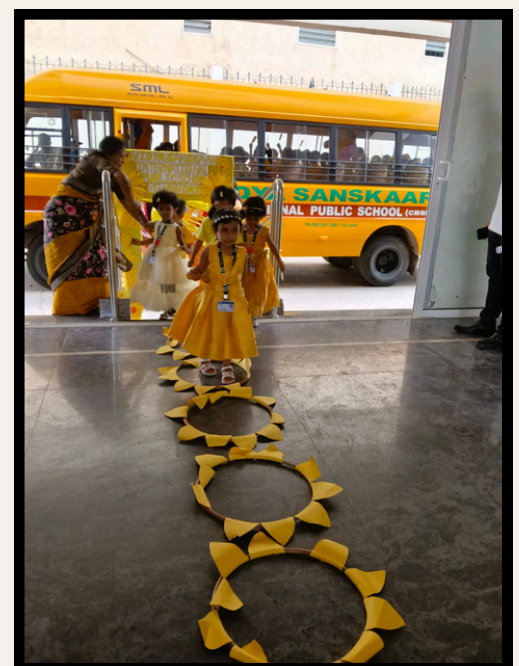
 **Lasting Impact**
Commitments made today shape a greener, healthier future for all.



World Environment Day : Pre Primary

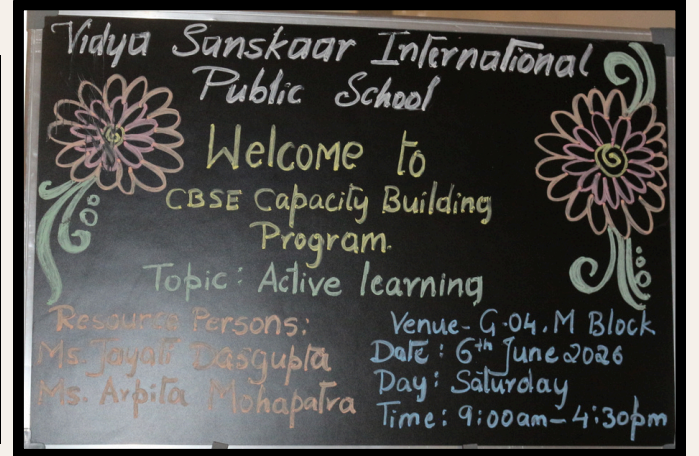
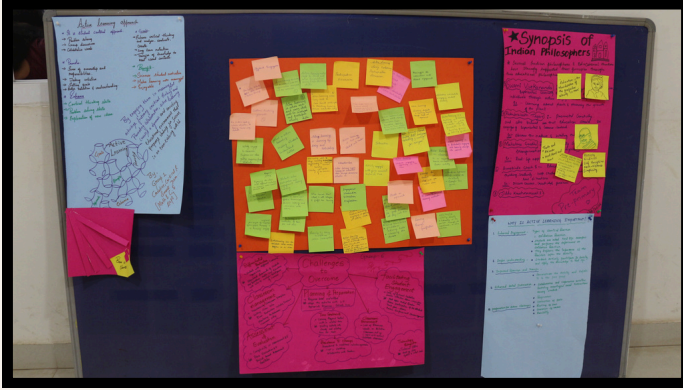


Pre Primary Colours Day



Capacity Building Program for Teachers

One Day Capacity Building Program for Teachers on the Topic "Active Learning" hosted at Vidya Sanskaar International Public School, Machohalli Gate, Magadi Main Road, Bengaluru-560091
Date: 06/06/2026.



School Parliament Election: Democracy in Action

Our School Parliament Election gave every student a meaningful voice in shaping their school experience. Candidates campaigned on real ideas, peers cast their votes, and democracy came alive in our hallways.

Empowered Voices

Students chose representatives who truly reflect their generation's priorities.

Representative Leadership

Elected members carry the responsibility of advocating for school-wide change.

Civic Foundation

Participating in elections builds lifelong habits of engagement and responsibility.



National Reading Day

Unlocking Worlds Through Literature

National Reading Day reminded us that every book opened is a world discovered. Students across all grades participated in reading campaigns, storytelling sessions, and literary competitions — cultivating a culture of curiosity that extends far beyond the classroom.

Reading Campaigns

Student-led drives encouraged peers to explore new genres and authors.

Competitions & Highlights

Quiz contests, book reviews, and recitation events celebrated literary talent.

Lifelong Learning

Building a love for reading that fuels academic growth and personal discovery.

World Blood Donor Day : A Gift of Life

On World Blood Donor Day, our school community reflected on the profound power of giving. Through awareness sessions and community outreach, students learned how a single act of generosity can save a life — and how small contributions create a global impact.

Donation Saves

Up to 3 lives can be saved by a single blood donation.

Voluntary Effort

Blood donation is a selfless act driven entirely by compassion.

Ripple Effect

One act of generosity inspires an entire community to give back.



Pre Primary: Parent Engagement Activity: Happy Hours/CI X PTM

Happy Hours & Class X PTM

June brought parents and teachers together through two meaningful engagement initiatives — Happy Hours for our youngest learners and the Class X Parent-Teacher Meeting for our senior students.

These gatherings strengthened the essential bond between home and school, creating a supportive ecosystem where every child can thrive.

When families and educators align,
student success
multiplies.



International Day of Yoga/World Music Day

Wellness & Harmony: Yoga and Music



International Day of Yoga

Students and teachers came together on the campus grounds to practice yoga, aligning mind, body, and spirit. The session reinforced the importance of mindfulness and inner balance in daily school life.



World Music Day

Celebrating the universal language of creativity, our school echoed with melodies, rhythms, and performances. From classical to contemporary, students showcased the rich diversity of musical expression.



School Investiture Ceremony

The Investiture Ceremony marked a proud milestone as newly elected student council members took their oath of office. Dressed in their finest uniforms, they pledged integrity, service, and responsibility to their peers and school community.

A Pledge of Purpose

Each member committed to upholding the values of VSIPS with honor.

Empowering the Next Generation

Today's student leaders are tomorrow's changemakers.



Best Student and Class Monitors 2026-27

Best Student and Class Monitors 2026-27				
Preprimary				
Sl No.	Month	Class & Section	Best Student	Class Monitors
1	June	Nursery	Parinaya R	1- Shreevardhan V 2- Vibha
2		Jrkg A	Raksha V	1- Harshith G Gowda 2- Dhatri H
3		Jrkg B	Dhriti P	1- Vihan M 2- Panarva C
4		Sr.Kg A	Chinmayi L	1- Bhavishya Shivya Gowda 2-Vedarsh D
5		Sr.Kg B	Amarthya A S	1- Nihal Gowda A 2- Anjana J
6		Sr.Kg C	Aarav Shivank Gowda H	1- Anvik Kavan Gowda 2- Chanvi Gowda N
7		Sr.Kg D	Abhinav H	1- Vanshika P 2- Jaspith M

Best Student and Class Monitors 2026-27

Best Student and Class Monitors 2026-27				
CLASS 1-4				
Sl No.	Month	Class & Section	Best Student	Class Monitors
1	June	1A	Achinthya V	1- Vedaanth BR Gowda 2-Aakruthi B
2		1B	Jayasamarth P Aithal	1- Punarvik Gowda M 2- Kanshika M
3		1C	Ganvith Gowda M	1- Jananya H Gowda 2- Kunav P
4		1D	Sirishree M	1- Mithun Gowda R 2- Dushya Gowda
5		2A	Subrahmanyam mushty	1- Punarva.P 2-Aadhya Praneeth.A
6		2B	Ruchit S	1- Tejal P 2-Shourya P
7		2C	Shanvi K P	1- Vihaan K Gowda 2- Chintana G S
8		2D	Shamith M	1- Kabish 2-Kushi Gowda S

Best Student and Class Monitors 2026-27

Best Student and Class Monitors 2026-27				
CLASS 1-4				
Sl No.	Month	Class &	Best Student	Class Monitors
1	June	3A	Thanyaa M	1- Ganav H M 2- Janhvi Sandeep
2		3B	Mahesh Choudhary	1- Yoshika V Gowda 2-Deemanth. R
3		3C	Krishaa	1- Charika C 2- Dhruvanth gowda J
4		3D	Shohan DS	1- Abhinav Samarth 2- Samhitha Dinesh
5		3E	Gloria Jimson	1- Adhvik S Devadiga 2-Tasya.P
6		4A	Garvith S	1- Jhanyu Bilaha K 2- Prathigna S Gowda
7		4B	Rikkiraj R	1- Nitya Priya H C 2- Sohan B H
8		4C	Giaansh A Sushok	1- Chiranth B 2-Lakshmi Shree A
9		4D	Kusmitha P	1- Hadvitha Gowda V 2-Charan Gowda R
10		4E	Shamith	1- Jayanth. S 2-Charvi S

Best Student and Class Monitors 2026-27

Best Student and Class Monitors 2026-27				
Sl No.	Month	Class & Section	Best Student	Class Monitors
1	June	5A	Bhandhavi S	1- Karunya 2- Yojith
2		5B	Kanishka	1- Rachan V 2- Saanvi G
3		5C	Jashwanth S	1- Lisha G 2- Kushik Gowda M
4		5D	Mayur Gowda	1- Yogash Gowda 2- Niharika K S
5		5E	Trisha M M	1- Vansh Muttur 2- Tejasmitha
6		6A	Dhanvik Gowda M	1- Ruthvik Gowda B 2- Yashmitha H
7		6B	Dhanvi H Patel	1- Kruthika R 2- Hari Sankeerthan
8		6C	Anushka Dharshan	1- Charitha Y 2-Yashas Gowda B S
9		6D	Tejas Gowda T L	1- Himadhyuti K 2- Aashwik Gowda S
10		6E	Harshavardhana R	1- Likitha Lakshmishree M 2- Shushanth Gowda J
11		7A	Simran Rana	1- Harshika B J 2- Shreyas Sheetal Muttalamuri
12		7B	Hemanth Raj S B	1- Hitarth Krishna A 2- Dyuti Gowda B S
13		7C	Aadya Bhat	1- Aanya Bhat 2-Charan U
14		7D	Diya S Patange	1- Likitha C 2- Thanmai Gowda
15		7E	Avni	1- R B Devananpriya 2- Harshika

Best Student and Class Monitors 2026-27

Best Student and Class Monitors 2026-27				
Sl.No.	Month	Class & Sec	Best Student	Class Monitor
1	JUNE	8A	Nidhi S G	1. Chaitanya S 2. Mokshith Gowda K
2		8B	Thejitha B S	1. Tanmaya Lokesh 2. Harshith B C
3		8C	Sanavi G	1. Deeksha S S 2. Vinod K
4		8D	Monashree G H	1.Sachin Rajpurohit 2. Chandana G S
5		9A	Vaishali Srinivas	1. Vishwas S R 2. Samruddhi
6		9B	Vishnu R	1. Prajna L 2. Yashas Gowda S
7		9C	Poornika K gowda	1. Nidhi K. 2. Harsh vardhan
8		9D	Nithyashree Gowda N	1. Nidhi K. 2. Harsh vardhan
9		10A	S Priya Deepak	1. Likhitha R 2. Suhas Gowda N
10		10B	Diya Patel	1. Kruthika 2. Adithya Yadav
11		10C	Kumuda Aradhya N	1. Anwesh Arunkumar Byakod 2. Varshini Ramya Raj

Teachers Corner

Shankara Poli

This month I am back to share a recipe whose timeless delicacy reminds us that the simplest recipes often carry the richest traditions, bringing joy, togetherness, and the authentic taste of home with every bite. It is a beloved traditional Indian sweet snack that has been enjoyed across generations. Prepared with simple ingredients like flour, sugar, ghee, and milk, these crispy, golden diamond-shaped bites are a symbol of warmth, celebration, and togetherness.

Guess what it is?

Its Shankarpali (Shankara Poli) A Traditional Sweet Delight

Preparation Time: 20 minutes

Resting Time: 30 minutes

Cooking Time: 20 minutes

Ingredients

- 2 cups all-purpose flour (maida)
- ½ cup powdered sugar
- ¼ cup ghee (clarified butter), melted
- ¼ cup milk (or as required)
- ¼ teaspoon cardamom powder (optional)
- A pinch of salt
- Oil or ghee for deep frying

Method

1. In a large bowl, combine the all-purpose flour, powdered sugar, cardamom powder, and salt.
2. Add the melted ghee and mix well until the mixture resembles breadcrumbs.
3. Gradually add the milk and knead into a firm, smooth dough.
4. Cover the dough and let it rest for 30 minutes.
5. Divide the dough into portions and roll each portion into a sheet about ¼-inch thick.
6. Using a knife or pizza cutter, cut the dough into diamond or square shapes.
7. Heat oil or ghee over medium heat.
8. Fry the Shankarpali in batches, stirring occasionally, until they turn golden brown and crisp.
9. Remove with a slotted spoon and drain on paper towels.
10. Allow them to cool completely before storing in an airtight container. They stay fresh for 2-3 weeks.

Serving Suggestions

- Enjoy with a cup of tea or coffee.
- Pack as a homemade snack for children or travel.



Roopa J
CFP
VSIPS



Talent and Hardwork Always Pay off

The teacher always noticed Pratham running in the classroom with his friends. His speed and latent talent caught her attention. She informed the sports teacher about Pratham's talent.

There was an upcoming Interschool Sports event at school. The sports coach decided to train Pratham for a 400m running race, along with his friends and sure enough, Pratham was selected as he ran the fastest.

Practice sessions were conducted daily for the selected candidates. Pratham, however, started feeling drained as days went by and this worried the coach. When he spoke to Pratham, the boy complained of tiredness and weakness in his legs. The coach suggested that he eat nutritious food and attend his practice sessions regularly.

Pratham took up the challenge and started eating nutritious food. He practiced every day for one hour.

On that day of the race, he saw the white lines of the track, the huge ground and the cheering crowd. The stage was set for the final race to begin.

Pratham stood at the starting line, heart beating fast. He prayed to God. He saw his coach who showed a 'thumbs up' sign. This boosted his spirit up. As soon as the whistle blew, he along with his other competitors, began to run. He was falling behind the others, but kept running. After sometime to his surprise he saw that he was ahead of all the others. His legs ached, but he had no feeling of tiredness. He came first in the race. The coach smiled and said, "Talent may start the race, but hard work finishes it."

Pratham realised that success is not mere luck, but a combination of talent and Hardwork that one puts in, when no one else is watching.

Prarthana SR

Coordinator Higher Primary
Vidya Sanskaar International Public School
Machohalli Magadi Main Road



KARGIL VIJAY DIWAS

India celebrates 'KARGIL VIJAY DIWAS' on July 26th every year to commemorate the Kargil conflict and honor the soldiers who fought in the war.

'Operation Vijay' the official name for 'KARGIL WAR' was started on 3rd May and lasted till 26th July 1999.

The reason for the war was Pakistan's infiltration into Kargil territory which is in Jammu & Kashmir district. The infiltration triggered intense fighting between two countries that lasted for nearly more than two months.

'Warriors see every setback as an opportunity for a comeback'.

The Battle was fought on rough terrain at a height of 18,000 feet. The war recalls the fiercest and the most valiant operations conducted by the Indian Army - code named as 'OPERATION VIJAY'.

'Courage is not the absence of fear, but rather the judgement that is more important than fear'.

Kargil War ended with a victory for India but at a huge price. Our soldiers displayed exemplary courage in the face of the enemy against all odds and reclaimed most of the area, but we lost 527 brave soldiers for which we shall be grateful and respectful for their sacrifice.

'No sacrifice, no victory.'

India remembers the heroes on the 27th anniversary of Kargil Vijay Diwas.

Let us take a look at the Kargil War heroes who sacrificed their lives during the war and won gallantry awards:
Param Vir Chakra (posthumously) means the award given after the person's death

Captain Vikram Batta
Lt (lieutenant) Manoj Kumar Pandey

Maha Vir Chakra (posthumously)
Major Rajesh Singh Adhikari
Major Vivek Gupta
Major Padmanabhi Acharya
Captain Anuj Nayyar
Captain N Kengunjay
Lt (lieutenant) Keishing Clifford Nongrum

Maha Vir Chakra
Major Bahvan Singh
Major Sonam Wangchuk



S Meena Gowda
Department of English
Vidya Sanskaar International Public School



Reflective Article Ren: The Root of All Other Virtues

There are many qualities we admire in people, honesty, courage, humility, generosity, and wisdom. Yet the ancient Chinese philosopher Confucius believed that all these virtues grow from a single root: Ren. Often translated as humaneness, benevolence, or compassion, Ren is the ability to genuinely care for others and to treat every person with kindness and respect. According to Confucius, without Ren, even the greatest talents lose their true value.

Ren begins with a simple understanding: every person deserves dignity. It is not measured by grand speeches or extraordinary acts of sacrifice. Instead, it is reflected in everyday choices, speaking gently, listening patiently, helping without expecting praise, and forgiving when it is easier to hold a grudge. These seemingly small actions gradually shape a person's character and strengthen relationships.

Confucius taught that virtue starts at home. The respect we show our parents, the care we extend to our siblings, and the consideration we offer our family members become the foundation for how we treat others in society. As compassion grows within the family, it naturally reaches friends, neighbours, colleagues, and even strangers. In this way, Ren creates a ripple effect, spreading kindness far beyond one's immediate circle.

What makes Ren unique is that it comes from the heart. Good manners alone are not enough. A person may appear polite while lacking genuine concern for others. Ren, however, inspires sincere actions because they arise from empathy rather than obligation. It encourages us to see the world through another person's eyes and respond with understanding instead of judgment.

In today's fast-moving world, success is often measured by wealth, influence, or recognition. Yet these achievements cannot replace kindness, honesty, or compassion. A society may become prosperous through knowledge and technology, but it becomes truly civilised only when its people care for one another. Ren reminds us that real greatness lies not in what we possess but in how we enrich the lives of those around us.

Ultimately, Ren is more than a philosophy; it is a way of living. It calls us to practise compassion consistently, whether our actions are noticed or not. By choosing kindness over indifference and understanding over selfishness, we cultivate not only better relationships but also better versions of ourselves. As Confucius wisely understood, when Ren becomes the foundation of our lives, every other virtue finds its rightful place.

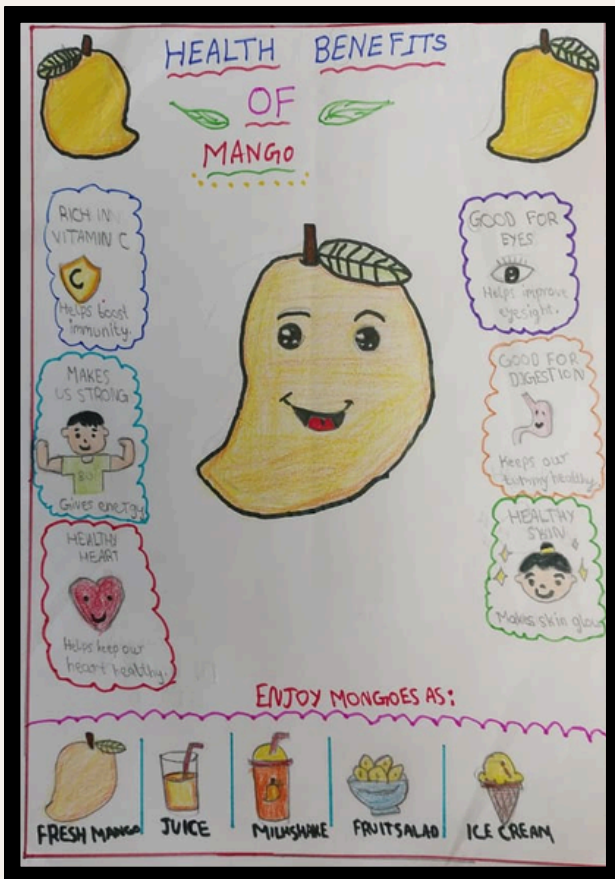
In classrooms, homes, and communities, every act of genuine kindness plants the seed of a better tomorrow. Ren reminds us that education is not merely about shaping minds but also about nurturing compassionate hearts.

Sunitha N K

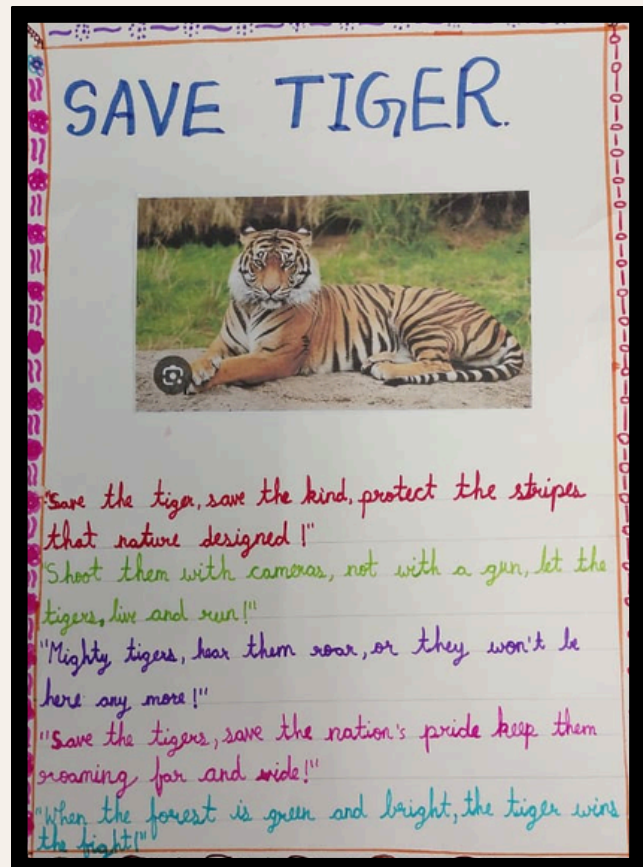
Department of English
Vidya Sanskaar International Public School



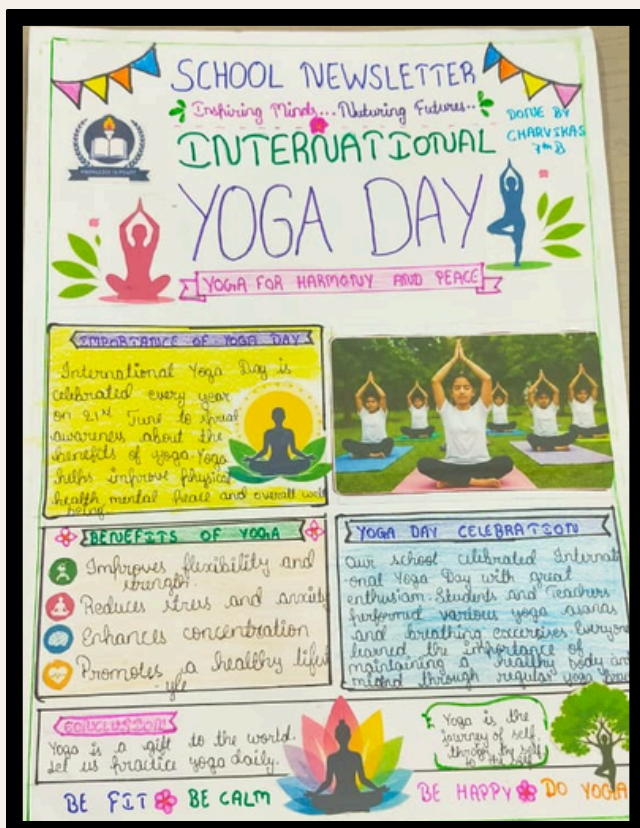
Students Corner



Dhanvith R
1C



Kushi gowda
2D



Charvika S
7B

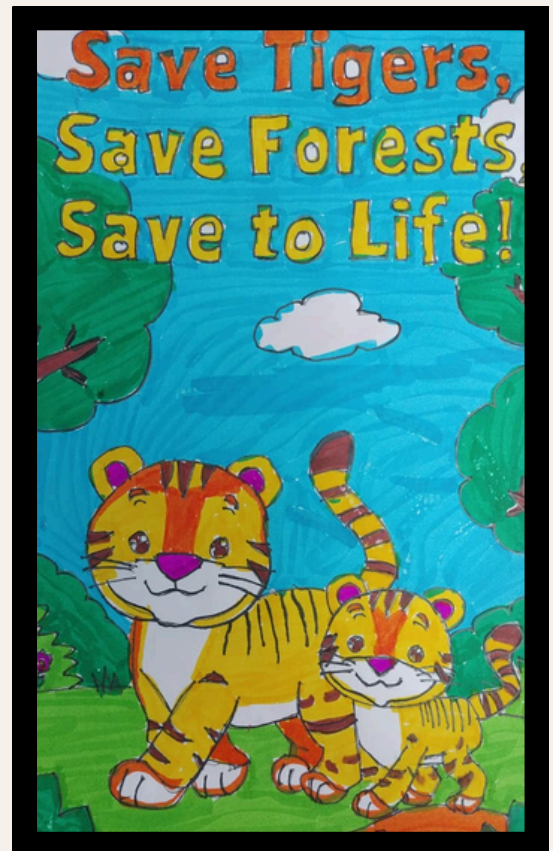


M B Deeksha
7B

Art Corner



Netanya M
5C



Vihaan K gowda
2C



Mayur Gowda
5D

Planting the Sapling with their Children



Lakshith Gowda K V
Jkg A



Raksha V
Jkg B



Ghanvith D
Jkg B



Niranjana A
Jkg B



Dhruti M
Jkg B



Patil Vatsav Reddy
Jkg B

Parents Corner

As a parent of two children studying at **Vidya Sanskaar International Public School (VSIPS)**, I am delighted with the school's vision of providing true 360-degree learning under one roof. Instead of spending additional time travelling to different places for sports, yoga, cultural activities, or skill development after school hours, my children can pursue all their interests safely within the same campus. This integrated approach not only saves time and reduces the burden on parents but also gives students the opportunity to grow academically, physically, creatively, and personally. It is a thoughtful and well-executed model that prepares children for life, not just examinations.

Arpitha H P

Parent of **Rikkiraj R (4B)**

Harshavardhana R (6E)



ಹ್ಯಾಪಿ ಅವರ್ಸ್

ಜೂನ್ ತಿಂಗಳಲ್ಲಿ ಆಯೋಜಿಸಲಾದ "ಹ್ಯಾಪಿ ಅವರ್ಸ್" ಪೋಷಕರ ಭಾಗವಹಿಸುವಿಕೆ ಕಾರ್ಯಕ್ರಮ ಅತ್ಯಂತ ಸಂತೋಷಕರ ಮತ್ತು ಅರ್ಥಪೂರ್ಣ ಅನುಭವವಾಗಿತ್ತು. ನಮ್ಮ ಮಕ್ಕಳೊಂದಿಗೆ ಸಮಯ ಕಳೆಯಲು ಹಾಗೂ ಅವರೊಂದಿಗೆ ವಿವಿಧ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಭಾಗವಹಿಸಲು ಈ ಕಾರ್ಯಕ್ರಮ ಉತ್ತಮ ಅವಕಾಶವನ್ನು ನೀಡಿತು.

ಚಟುವಟಿಕೆಗಳು ತುಂಬಾ ಆಸಕ್ತಿದಾಯಕವಾಗಿದ್ದು, ಮಕ್ಕಳ ಸೃಜನಶೀಲತೆ, ಆತ್ಮವಿಶ್ವಾಸ ಮತ್ತು ಕಲಿಕೆಯ ಆಸಕ್ತಿಯನ್ನು ಹತ್ತಿರದಿಂದ ಗಮನಿಸಲು ಸಾಧ್ಯವಾಯಿತು. ಪೋಷಕರು ಮತ್ತು ಮಕ್ಕಳ ನಡುವೆ ಬಾಂಧವ್ಯವನ್ನು ಇನ್ನಷ್ಟು ಗಟ್ಟಿಗೊಳಿಸಲು ಈ ಕಾರ್ಯಕ್ರಮ ಸಹಾಯ ಮಾಡಿತು. ಜೊತೆಗೆ, ಶಾಲೆ ಮತ್ತು ಪೋಷಕರ ನಡುವಿನ ಉತ್ತಮ ಸಹಭಾಗಿತ್ವವನ್ನು ಬೆಳೆಸುವಲ್ಲಿ ಇದು ಮಹತ್ವದ ಪಾತ್ರ ವಹಿಸಿತು.

ಈ ಕಾರ್ಯಕ್ರಮವನ್ನು ಅಚ್ಚುಕಟ್ಟಾಗಿ ಮತ್ತು ಅರ್ಥಪೂರ್ಣವಾಗಿ ಆಯೋಜಿಸಿದ ಶಾಲೆಯ ಆಡಳಿತ ಮಂಡಳಿ ಹಾಗೂ ಶಿಕ್ಷಕರಿಗೆ ಹೃತ್ಪೂರ್ವಕ ಧನ್ಯವಾದಗಳು. ಮಕ್ಕಳ ಸಮಗ್ರ ಬೆಳವಣಿಗೆಗೆ ಇಂತಹ ಕಾರ್ಯಕ್ರಮಗಳು ಅತ್ಯಂತ ಉಪಯುಕ್ತವಾಗಿವೆ.

ಇಂತಹ ಸಂತೋಷದಾಯಕ ಹಾಗೂ ಕಲಿಕೆಗೆ ಪ್ರೇರಣೆ ನೀಡುವ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ಮುಂದೆಯೂ ಆಯೋಜಿಸಬೇಕೆಂದು ವಿನಂತಿಸುತ್ತೇವೆ. ಮತ್ತೊಮ್ಮೆ ಈ ಉತ್ತಮ ಅವಕಾಶಕ್ಕಾಗಿ ಶಾಲೆಗೆ ನಮ್ಮ ಹೃತ್ಪೂರ್ವಕ ಕೃತಜ್ಞತೆಗಳು.

ಗಿರೀಶ್ ಕುಮಾರ್ ಬಿ ಜಿ

ಪೋಷಕರು - ಪ್ರಣವ್ ಜಿ ಗೌಡ - (ನರ್ಸರಿ)



Important Events in July

- Doctor's Day/Class Nursery- IX: PT1 starts/ Class X PT2 starts
- Student Awareness Program
- Nandotsav
- World Population Day
- Class Nursery-X: PTM
- Kargil Vijay Diwas
- Guru Purnima
- Play Area Inauguration
- Visit to the Market and Police station

Editorial Committee



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- Ms. Harinakshi G N- Kannada
- Ms. Lavanya- Pre primary
- Ms. Shwetha K- English
- Ms. Asha B, FDA

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